

# Coach Zauner's PRO Development Kicking Camp

*“Practice Doesn't Make Perfect...Perfect Practice Makes Perfect”*

-Vince Lombardi-

The goal of Coach Zauner's PRO Development Kicking Camp is to assist specialists refine their techniques and help their kicking units become more efficient. This includes how to physically and mentally prepare to achieve their next level.

**PLEASE NOTE: All Participants Must Complete the Coach Zauner, LLC Registration and Hold Harmless Agreement**

- \* Click for [Registration Form](#)
- \* Click for [Hold Harmless Agreement](#)

## **PRO DEVELOPMENT KICKING CAMP FEE:**

- \* \$475 Includes Meals and Lodging
- \* Register Early - Limited Space

## **LOCATION:**

[Macalester College](#)

1600 Grand Avenue Saint Paul, MN 55105

## **GENERAL INFORMATION:**

- \* Five (5) Practices: (1) Arrival Day PM / (3) Second Day AM / Afternoon / PM / (1) Third Day AM
- \* Meetings and Video Review Sessions
- \* Coach Zauner's Video Analysis of Individual and Group Techniques
- \* Emphasis on Getting the Field Goal Unit and Punt Team Operation Perfect
- \* Individual and Group Competition
- \* A Sports Psychology Presentation on the 'Mental Side of the Kicking Game'

## **MEETINGS:**

As a former 13 year NFL Special Teams Coordinator, Coach Zauner's Insight into 'What Professional Special Teams Coaches and Scouts Look For in a Kicking Specialist', 'How to Physically and Mentally Prepare' and 'What to Expect' at the Next Level

## **DAILY SCHEDULE:**

**Breakfast:** 7:30am - 8:15am / **Lunch:** 11:30am - 12:30pm / **Dinner:** 5:00pm - 5:45pm

## **ARRIVAL DAY:**

Check In to Wallace Hall Dorm: 1:00pm - 3:00pm

First Meeting: 3:30pm / Dinner: 5:00pm / **First Practice:** 6:30pm / Meeting 9:00pm

## **SECOND DAY:**

Breakfast: 7:30am / Meeting: 8:00am / **Second Practice:** 9:00am

Lunch: 11:30am / Meeting: 1:30pm / **Third Practice:** 2:00pm

Dinner: 5:00pm / Meeting: 6:30pm / **Fourth Practice:** 7:00pm (**Individual Competition**)

Meeting: 9:00pm (**Sports Psychologist Mental Preparation Presentation**)

## **THIRD DAY:**

Breakfast: 7:30am / Meeting 8:00am / **Fifth Practice:** 9:00am (**Group Competition**)

Lunch: 11:30pm

Break Camp: 1:00pm

## **AIRPORT DIRECTIONS:**

\* Schedule Airline Travel into Minneapolis-St. Paul International Airport (MSP)

\* Macalester College is a 13 Minute Taxi Ride from Airport

## **CONTACT:**

\* Coach Zauner 612.239.9529

\* E-mail: [gzauner@aol.com](mailto:gzauner@aol.com)

## **MISCELLANEOUS:**

Each Camper Must Bring Two Footballs (*initialed*), Kicking Shoes, Football Holder, Kicking Block, Kicking Tee, Tennis Shoes, Notebook and Pen, Sunscreen, Water Bottle, Toiletries, Towels, Bed Linens, Pillow and a **‘Winning Attitude’**